

(CONFIDENTIAL: All information in this form remains confidential and will be released only on your written permission)

PATIENT'S FULL NAME _____ AGE ____ SEX ____ BIRTHDATE month/day/yr ____/____/____

NAME YOU PREFER TO BE CALLED _____ PARENT'S NAMES _____

ADDRESS _____ CITY _____ POSTAL CODE _____

HOME PHONE _____ PARENT'S WORK PHONE _____ (Mother, Father, Other)

FAMILY PHYSICIAN _____ SPECIALIST _____

CHIROPRACTOR _____ OTHER _____

WHO REFERRED YOU TO THIS OFFICE? _____

PRESENT HEALTH PROBLEMS: PLEASE LIST MOST IMPORTANT HEALTH CONCERNS / PROBLEMS

MEDICATIONS:

SUPPLEMENTS:

ALLERGIES: (to medications, pollens, animals or food)

	Now	Past	Frequency		Now	Past	Frequency
ASPIRIN	___	___	_____	VITAMINS	___	___	_____
TYLENOL	___	___	_____	MINERALS	___	___	_____
ANTIBIOTICS	___	___	_____	FLUORIDE	___	___	_____
DECONGESTANTS	___	___	_____	HERBS	___	___	_____
_____	___	___	_____	_____	___	___	_____

CHILDHOOD ILLNESSES:

IMMUNIZATIONS: (age given, any adverse reactions?)

- CHICKEN POX SCARLET FEVER MONONUCLEOSIS
- MEASLES RHEUMATIC FEVER EAR INFECTIONS
- MUMPS STREP THROAT TONSILLITIS
- RUBELLA PNEUMONIA OTHER _____

- DPT (Diphtheria, Pertussis, Tetanus)
- MMR (Measles, Mumps, Rubella)
- POLIO
- HAEMOPHILUS INFLUENZA type B (Meningitis)
- HEP-B (Hepatitis B)

PATIENT'S MEDICAL HISTORY:

	Now	Past	Never		Now	Past	Never	
ACNE	___	___	___	EPILEPSY/SEIZURES	___	___	___	SURGERIES (YEAR & TYPE) _____
ALLERGIES	___	___	___	FATIGUE	___	___	___	_____
ANEMIA	___	___	___	FREQUENT INFECTIONS	___	___	___	_____
ASTHMA	___	___	___	HEADACHES	___	___	___	_____
BED WETTING	___	___	___	HEART MURMUR	___	___	___	HOSPITALIZATIONS (YEAR & REASON) _____
BIRTH DEFECTS	___	___	___	HIGH FEVER	___	___	___	_____
COLIC	___	___	___	HYPERACTIVITY	___	___	___	_____
CONSTIPATION	___	___	___	INSOMNIA	___	___	___	_____
COUGH/WHEEZE	___	___	___	JAUNDICE	___	___	___	INJURIES/ACCIDENTS (YEAR & CAUSE) _____
CRADLE CAP	___	___	___	LEARNING DISORDER	___	___	___	_____
DEPRESSION	___	___	___	MOODINESS	___	___	___	_____
DIARRHEA	___	___	___	STUFFY NOSE	___	___	___	_____
DIZZY SPELLS	___	___	___	THRUSH	___	___	___	_____
EARACHES	___	___	___	VOMITING SPELLS	___	___	___	OTHER CONDITIONS _____
ECZEMA	___	___	___	OTHER _____	___	___	___	_____

WHAT IS YOUR INFANT'S / CHILD'S / ADOLESCENT'S DISPOSITION?

FAMILY HISTORY: INCLUDE BLOOD RELATIVES ONLY

FATHER (age)* _____ MOTHER (age)* _____ BROTHERS (ages)* _____ SISTERS (ages)* _____

* If deceased, Please list age at death and circle.

IDENTIFY ALL FAMILY MEMBERS WHO HAVE EVER HAD ANY OF THE FOLLOWING (INDICATE FAMILY MEMBER BY F for FATHER, M for MOTHER, B1, B2, S1, etc.).

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> ALCOHOLISM | <input type="checkbox"/> BLEEDING DISORDER | <input type="checkbox"/> HEART DISEASE | <input type="checkbox"/> OBESITY |
| <input type="checkbox"/> ALLERGIES | <input type="checkbox"/> CANCER of _____ | <input type="checkbox"/> HEARING LOSS | <input type="checkbox"/> STOMACH ULCERS |
| <input type="checkbox"/> ANEMIA | <input type="checkbox"/> COLITIS | <input type="checkbox"/> HIGH BLOOD PRESSURE | <input type="checkbox"/> STROKE |
| <input type="checkbox"/> ARTHRITIS | <input type="checkbox"/> DIABETES | <input type="checkbox"/> HYPOGLYCEMIA | <input type="checkbox"/> THYROID DISORDER |
| <input type="checkbox"/> ASTHMA | <input type="checkbox"/> ECZEMA | <input type="checkbox"/> KIDNEY DISEASE | <input type="checkbox"/> TUBERCULOSIS |
| <input type="checkbox"/> BIRTH DEFECTS | <input type="checkbox"/> EPILEPSY | <input type="checkbox"/> MENTAL ILLNESS | <input type="checkbox"/> OTHER _____ |

DOES PATIENT HAVE ANY OF THE ABOVE? _____

IF YES, WHICH ONES _____

PRENATAL / BIRTH / FEEDING HISTORY:

1. MOTHER'S HEALTH DURING THE PREGNANCY WITH THIS PATIENT

- | | | | |
|-----------------------------------|--|--|--------------------------------------|
| <input type="checkbox"/> AGE | <input type="checkbox"/> TRAUMA/INJURY | <input type="checkbox"/> ALCOHOL CONSUMPTION | <input type="checkbox"/> OTHER _____ |
| <input type="checkbox"/> BLEEDING | <input type="checkbox"/> STRESS | <input type="checkbox"/> DRUGS | <input type="checkbox"/> TOXEMIA |
| <input type="checkbox"/> NAUSEA | <input type="checkbox"/> HIGH BLOOD PRESSURE | <input type="checkbox"/> SMOKING | |
| <input type="checkbox"/> ILLNESS | <input type="checkbox"/> X-RAYS | <input type="checkbox"/> MEDICATIONS _____ | |

2. TERM PREMATURE FULL BIRTH WEIGHT _____

3. WAS PREGNANCY / BIRTH EASY? DIFFICULT? C-SECTION?

4. FEEDING OF INFANT

- | | | |
|---|----------------------|-----------------------|
| BREAST FED _____ | HOW LONG? _____ | COW'S MILK? _____ |
| FORMULA FED _____ | HOW LONG? _____ | TYPE OF FORMULA _____ |
| AGE SOLID FOODS BEGUN _____ | WHAT FOODS? _____ | |
| ANY FOOD ALLERGIES OR INTOLERANCES? _____ | TO WHAT FOODS? _____ | |

5. SAMPLE DAILY DIET (Choose a typical day and include food and liquids)

6. PREVIOUS PREGNANCIES BY NATURAL MOTHER AND ANY COMPLICATIONS

SOCIAL HISTORY:

- | | | |
|---|------------------------------------|------------------------------------|
| 1. PARENTS: <input type="checkbox"/> MARRIED | <input type="checkbox"/> SEPARATED | <input type="checkbox"/> DIVORCED |
| MOTHER'S OCCUPATION _____ | <input type="checkbox"/> FULL TIME | <input type="checkbox"/> PART TIME |
| FATHER'S OCCUPATION _____ | <input type="checkbox"/> FULL TIME | <input type="checkbox"/> PART TIME |
| 2. OTHER GUARDIAN: _____ | RELATIONSHIP _____ | |
| 3. OTHERS RESIDING IN HOME _____ | RELATIONSHIP _____ | |
| 4. DAYCARE/PRESCHOOL/SCHOOL: HOW MANY HOURS EACH DAY? _____ | # DAYS OF THE WEEK? _____ | |
| 5. INTERACTION WITH RELATIVES: WHO? _____ | HOW OFTEN? _____ | |

DO YOU HAVE ANY OTHER HEALTH CONCERNS YOU WOULD LIKE TO DISCUSS? PLEASE EXPLAIN.

SIGNATURE: _____